



**Triad**  
**Mid-Peninsula Branch**  
**American Association of University Women**  
*(Serving Southern San Mateo County)*  
Founded in 1954

*AAUW advances equity for women and girls through advocacy, education, philanthropy, and research*

VOLUME 65 NUMBER 2

OCTOBER 2019

# "Four Friends of AAUW: Past Assistance; Future Needs"



*featuring*  
**Hope House**  
**WIRE for Women**  
**Healthy Cities Tutoring**  
**The Grateful**  
**Garment Project**

**Giving updates on their programs, achievements, and needs.**

**Saturday, October 19, 2019**

**2 pm**

**Redwood Shores Library\***

**Marine Parkway at Bridge St., Redwood Shores**

\*The meeting space is provided as a community service by the City of Redwood City.

The City neither sponsors nor endorses this event nor the presenting individual or organization.

## October 2019 Triad Presidents Message

Should our branch help a Canada College woman with expenses at a leadership conference; more fully support AAUW National's education, legal advocacy, or other fund; offset expenses for members to attend State and National events?

AAUW CALIFORNIA urges us to actively promote our mission. How do we want to achieve this goal? How best do we use our members' skills as well as provide opportunities to enrich our and others lives? They suggest three levels:

*By philanthropy as we raise money for local scholarships, Tech Trek, NCCWHSL (AAUW's leadership training for college women) and AAUW Fund.*

*By community action as our members table at community events, sponsor Speech Trek, participate in Women's Suffrage Marches, lobby legislators, etc.*

*By education as we promote Work Smart and Start Smart, hold pay equity events, organize leadership days for young women, sponsor candidate's forums and other learning experiences for the branch and community.*

By supporting causes, we are also spreading the word about AAUW, its goals and its benefits to us as individuals. A COMMUNITY EVENT for funds and awareness could be a wine and chocolate party, an author's reading, a garden talk.

To boost your own knowledge and wellbeing, join an INTEREST SECTION like podcast discussion, women's health issues, influential women of history, theater.

TAKE PART, help us send out Blast emails, review or gather postings for the website, table events. Have connections? It's all valuable and needed.

Send comments and your ideas to Carole Farina at [cfarina@alumni.stanford.edu](mailto:cfarina@alumni.stanford.edu) or come to the next Board meeting to join our discussion, Tues, Oct. 1, 10:30, Redwood Community Activities Building, 1400 Roosevelt Ave, Room 5, RC.

Carole Farina, Mid-Peninsula Co-President

---

### College & University Partnership

**We are so pleased to report that a partnership has been established with Canada College and AAUW. They have paid their \$175 annual membership. Yippi! That means that all enrolled persons may use all our online services and classes, such a " Start Smart", etc. September 25th is Canada's Club Rush Day and we have signed up for a booth at this event beside the STEM booth. It is hoped that we can sign up people to form an AAUW affiliate group with the Mid-Peninsula Branch assistance. If there are any of you or any one you may know who are interested in mentoring a group like this - please let us know. We are very excited about this affiliation and it's future. If you have any ideas or questions, call Wilma Hoffmann or Carolyn Miller.**

## WIRE for Women

**WIRE for Women** is a nonpartisan organization that is working to increase the number of women in elected and appointed nonpartisan offices in Santa Clara and San Mateo Counties. It is hosting a free workshop on October 2 in Palo Alto for women interested in seeking public office. Please share information about this event with women who might be interested in seeking a nonpartisan office. (Our branch had a speaker from WIRE at one of our general meetings.)

Join others who wish to learn more about opportunities for public service through elected and appointed positions.

**HOW** to learn what options are available for appointive and/or elected offices.

**WHY** women who have held such offices decided to run, how they organized their campaigns, who helped them, & how they have juggled time between family, work and public service.

**WHAT** assistance WIRE for Women can provide; meet others who will stand behind you and help you achieve your goals.

The workshop location is: Wilson, Sonsini, Goodrich & Rossi, 650 Page Mill Rd., Palo Alto, CA 94304

For more information and to register go to [team@wireforwomen.com](mailto:team@wireforwomen.com)

**" Leggings for Hope " (brought to you by The Grateful Garment Project) is collecting leggings for victims of sexual violence in California. New leggings allow survivors to leave the hospital with the clothing needed to feel comfortable and supported." Bring your donation to the Oct. 19 General Meeting.**

## PUBLIC POLICY NEWS- PRIORITIES

**AAUW's Public Policy Priorities, adopted every two years by a member vote, establish the federal action issues on which AAUW members across the country focus their advocacy efforts and guide the work of the national staff. Branches should also use the Public Policy Priorities to inform their advocacy efforts on state and local issues.**

**These priorities are our members' priorities as they originate from and are voted on by the membership. Please review these priorities with an eye towards action. You can dig into more resources by checking out [aauw.org/what-we-do/public-policy](http://aauw.org/what-we-do/public-policy). Included in the Public Policy resources webpage are inks to AAUW Issues, individual State Policies ,the Two-Minute Activist, and Voter Education.**

### 2019-2021 AAUW PUBLIC PUBLICITY PRIORITIES

**To support a strong system of public education that promotes gender fairness, equity, diversity and inclusivity, and to address the barriers and implicit biases that hinder the advancement of women and girls, AAUW advocates**

- **Vigorous enforcement of Title IX and all other civil rights laws pertaining to education**

- Adequate and equitable funding for quality public education for all students
- Opposition to the use of public funds for nonpublic elementary and secondary education and to charter schools that do not adhere to the same civil rights and accountability standards as required of other public schools
- Increased support for and protection of programs that meet the needs of girls and women in elementary, secondary, and postsecondary education, including strong promotion of science, technology, engineering, and math (STEM) education and comprehensive sexual health education
- Increased support for and access to affordable higher education for women and disadvantaged populations
- Support for practices that halt the flow of students from schools to prisons, including reforming school disciplinary practices that disproportionately punish girls and students of color

**To achieve economic security for all women AAUW advocates:**

- Pay equity and fairness in compensation and benefits
- Equitable access and advancement in employment, free from systemic barriers and biases, including vigorous enforcement of employment discrimination statutes
- Closing the gender and race gaps in leadership opportunities for women of all backgrounds
- Greater availability of and access to a high standard of benefits and policies that promote work-life balance, including quality and affordable dependent care and paid family, medical, and sick leave
- Programs that provide women with education, training, and support for success in the workforce, including nontraditional occupations and women's entrepreneurship
- Strengthening programs, including welfare and career and technical education, to improve postsecondary education access, career development, and earning potential
- Strengthening retirement benefits and programs, including pension improvements and protecting Social Security, Medicare, and Medicaid from privatization
- Access for all women to the full range of health care services to ensure economic security
- Increasing the number of quality jobs that pay a living wage

**To guarantee equality, individual rights, and social justice for a diverse and inclusive society, AAUW advocates**

- Vigorous enforcement of and full access to civil and constitutional rights, including affirmative action and expanding voting rights
- Self-determination of one's reproductive health decisions
- Universal access to quality, affordable health care and comprehensive family planning services, including expansion of patients' rights

- Freedom from violence and fear of violence, including hate crimes, in homes, schools, workplaces, and communities
- Support for U.N. programs that address human rights and women’s and girls’ concerns
- Freedom in the definition of self and family and a guarantee of civil rights for all family structures
- Passage and ratification of the Equal Rights Amendment

\*\*\*\*\*

**EQUALITY IN THE WORKSPACE– improving conditions has flatlined -an international snapshot**

For the last five years *The Economist* magazine has published a “glass-ceiling index” measuring gender equality in the workplace. The magazine compiles data over eight areas of the workplace, indexing countries from the best to worst among OECD countries. The areas covered are; higher education, workforce participation, pay, child-care costs, maternity/paternity rights, business-school applications and representation in senior jobs.

This year the **United States** placed **20<sup>th</sup>** out of the **36** OECD countries.

\*\*\*\*\*

***TIPS on Podcasts from TED Talks Daily***

**Why governments should prioritize well-being | Nicola Sturgeon**

[https://www.ted.com/talks/nicola\\_sturgeon\\_why\\_governments\\_should\\_prioritize\\_well\\_being?rss=172BB350-0207](https://www.ted.com/talks/nicola_sturgeon_why_governments_should_prioritize_well_being?rss=172BB350-0207)

**In 2018, Scotland, Iceland and New Zealand established the network of Wellbeing Economy Governments to challenge the acceptance of GDP as the ultimate measure of a country's success. In this visionary talk, First Minister of Scotland Nicola Sturgeon explains the far-reaching implications of a "well-being economy" -- which places factors like equal pay, childcare, mental health and access to green space at its heart -- and shows how this new focus could help build resolve to confront global challenges. 10 minutes**

*Want to have a Section to discuss podcasts? Contact Lois Monroe, [loiswmonroe@gmail.com](mailto:loiswmonroe@gmail.com).*

**HELP WANTED**

**We are looking for a liaison for Hope House to cover for Sara Jackowitz until she recovers. Basically, this involves taking donated items from our members to Hope House. If you have questions, check with Ellen Van Creveld who has done this for several years. If you are interested, contact Carole Farina or Cathy Chowenhill.**

## October Section Information

The start of a new year is a good time to think about starting new sections. Some interest has been expressed in forming a group to look into the relationship of gender to the environment and climate change. Other more social sections might include singles or couples' groups attending plays, sporting events, and wine, beer or coffee tasting. It only takes 5 members to start a new section, and new ideas can spark interest and enthusiasm. What else could be included? Lois Monroe: Section Chair ([loiswmonroe@gmail.com](mailto:loiswmonroe@gmail.com) or 593-1950)

---

**Bocce Ball:** Warm fall weather invites us to enjoy the outdoors and play a fun game of Bocce Ball. This month's game is scheduled for 10 o'clock on Wednesday, October 16th at the Burton Park courts. Please RSVP to Lois Monroe ([loiswmonroe@gmail.com](mailto:loiswmonroe@gmail.com) or 593-1950) to be certain there are enough players.

**Book Bunch:** Join us on Friday, October 11, at 12:30 pm, at the home of Pat Armstrong at 1374 Alameda de las Pulgas in San Carlos. We will discuss "Educated: A Memoir" by Tara Westover. For November 8, we will read "Leadership: In Turbulent Times" by Doris Kearns Goodwin. Contact June Hennig at 650-593-6541 or [pjhennig1@gmail.com](mailto:pjhennig1@gmail.com) for questions or directions.

**Bridge:** Interested in Bridge? Please call Helene Haughney (650) 592-2517

**Film Group:** The Film Group meets on the 4th Monday of the month for a movie and dinner at a nearby restaurant. We usually go to the Century Theater in Redwood City which has a lower admission for seniors on Monday. Occasionally, we will go to a movie at the Guild Theater in Menlo Park and have dinner there. Section members will be notified by e-mail the previous Thursday of movie possibilities. Notification of final movie selection and restaurant choice will be sent on Saturday. Carpooling is encouraged. In October, the movie day is the 28th. If you would like to be added to this section, please mail the film group at [scaauwfilm@gmail.com](mailto:scaauwfilm@gmail.com) or call Susanne Burrill at 759-3352 or Barbara Regello at 595-1630.

**French Conversation:** Our meeting is scheduled for Tuesday, October 8, at 1:30 p.m. Leslie Pasahow will be our hostess: 1735 Bay Laurel Drive, Menlo Park. Please RSVP to her at 650-327-9818 or [lapasahow@sbcglobal.net](mailto:lapasahow@sbcglobal.net). If you have questions, you can also contact Laverne Rabinowitz at [Lrainbow24@yahoo.com](mailto:Lrainbow24@yahoo.com).

**Gamesters:** Please come and play games with us at 1:00 pm on October 17th. We meet at the home of Barbara Barth, 2211 Thurm Ave. Belmont. We will play cards, board games or dominoes. Please call Barbara at 591-5097 with questions or to say that you are coming.

**Great Decisions:** This discussion group meets on the 4th Wednesday of each month to discuss current foreign policy topics. The discussions are based on articles from the booklet "Great Decisions," which is published annually by the Foreign Policy Association. This month's meeting is from 1:00 pm to 3:00 pm on October 23<sup>rd</sup> #7 The United States and Mexico: partnership tested, and next month's meeting is on November 27 #8 State of the State Department and diplomacy. Contact Judy Diashyn 593-2507; [jdiashyn@yahoo.com](mailto:jdiashyn@yahoo.com) for more information

**Hiking Group:** The hiking group meets Thursdays about 9 a.m. Walks are flat or hilly for about 2 hrs. and may include lunch. If interested, please send your email and cell phone number to Stephanie Katz ([stk4@lehigh.edu](mailto:stk4@lehigh.edu)). Informational emails are sent a few days prior to the hike; destinations may change.

10/3 SF: Transbay Transit Center and lunch in the food court of Rincon Center (101-199 Mission)

10/10 Woodside: Huddart Park (1100 Kings Mtn. Rd.) [hilly]

10/17 Foster City Bay Trail: Park at 1473 Beach Park Blvd (in strip mall) & walk south

10/24 San Carlos: Edgewood Park- Serpentine Trail for views [hilly]

10/31 San Mateo: Park at 1901 J. Hart Clinton Drive at Seal Point Park- Bay Trail north towards Coyote Park

**Historic Preservation:** Come to the Sanchez Adobe in Pacifica on Sat., Oct. 26 for the Ohlone Days celebrating the opening of their new Interpretive Center. Crafts, speakers, and the ribbon cutting will be featured. Carpool at 11 am at Lunardi's parking lot (south-east side) at Carlmont Center. Call Nancy Oliver (592-5822) if you're coming.

**Mystery Group:** Mystery group meets 2nd Monday at Belmont Library 12:15 pm. Book for Oct. 14th is THE KNIFE by Jo Nesbo. Bring a lunch if you desire. Newcomers are more than welcome. Call Joan Peceimer 650-593-9514 if questions.

**Out to Lunch:** We will visit an old favorite for lunch at 1:00 on October 9th. Sirayvah Organic Thai, located at 366 El Camino Real in San Carlos, always pleases with its stylish decor, friendly owner and fresh, delicious food. The reservation deadline is 5:00 on Sunday Oct. 6th. Please call Barbara Barth at 591-5097 or e mail her at [bab22@ix.netcom.com](mailto:bab22@ix.netcom.com) to say you are coming. Everyone is welcome.

**Out to Supper:** Stamp Bar and Grill, one of San Carlos' newer restaurants, is located at 733 Laurel Street. It is our Wednesday, October 16th dining destination. The restaurant offers fusion cuisine that combines elements of different culinary traditions, with modern American classics alongside globally inspired flavors. Join us at 6 o'clock for an outstanding meal in the good company of AAUW friends. Please RSVP to Lois Monroe ([loiswmonroe@gmail.com](mailto:loiswmonroe@gmail.com) or 593-1950) by Monday, October 14th, if you would like to join us.

**Public Policy:** We are pleased that Sherry Booth will be discussing the environment as related to women. Please welcome Sherry to our group and be ready to ask her questions on a topic in which she is well informed. We meet on the last Tuesday of the month, October 22 from 3:00 to 5:00 pm. Yvonne Bergero is hosting our meeting, at 136 Mesa Verde Way, San Carlos. RSVP to Yvonne at (650) 595-3648 or [ybergero@mac.com](mailto:ybergero@mac.com). All branch members are most welcome.

**Spanish Conversation:** We meet on the 1st and 3rd Mondays of each month from 2:30 until 4:30 or 5:00. Meetings this month will be at Marilyn Zack's house on October 7 and 21 at 2:30 There are always wonderful snacks and drinks and a lot of laughter. Our group is not for beginners but if you have some Spanish and want to improve or if you are fluent, we welcome you to join us. Please let Teddy know if you'll be coming at [teddyhei@aol.com](mailto:teddyhei@aol.com).

**Women in Literature:** On Mon., Oct. 7, at 7:00 pm, we'll discuss "A Year of Wonders" by Geraldine Brooks. Meeting is tentatively scheduled for a small meeting room in the San Carlos Library. Call Nancy Oliver to confirm (592-5822). The November 4 selection is "The Girl with the Pearl Earring" by Tracy Chevalier.

---

### **Sunshine Lady**

Marge Haruff is our Sunshine Lady. Please contact Marge at [mharuff@aol.com](mailto:mharuff@aol.com) or 592-9900 or if you know anyone who would appreciate a card from our Branch.

### **Know of a prospective member?**

If you know of a prospective member, please contact Vicci Mueller, email [viccim@aol.com](mailto:viccim@aol.com)

### **Board Meeting**

The next board meeting is on Tuesday, October 1 at 10:30 am. Location is Community Activities Building, 1400 Roosevelt Ave. RWC, Room 1.

### **Triad Deadline for November**

The deadline is October 10. Please send information to Kathy Rafael ([krafael1953@yahoo.com](mailto:krafael1953@yahoo.com))

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, class or disability. AAUW promotes equity for all women and girls, lifelong education and positive social change.

**Ellen Van Creveld**  
**2304 Coronet Blvd**  
**Belmont, CA 94002**

**Co-Presidents:**

**Cathy Chowenhill – 368-3181**  
**Carole Farina – 368-2402**

**Membership: Vicci Mueller - 591-5444**  
**Cristina Avila-Summerville – 594-0464**

**Triad Editor: Kathy Rafael 533-9288**

**Distribution: Ellen Van Creveld 591-0814**  
**Electronic Distribution: Cathy Chowenhill – 368-3181**

**Website: <https://mid-peninsula-ca.aauw.net>**  
**Email: [aauw-mid-pen@earthlink.net](mailto:aauw-mid-pen@earthlink.net)**

## OCTOBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:30 am Board Meeting	2	3 9:00 am Hiking	4	5
6	7 12:15 Mystery Book Group 2:30 Spanish 7:00 Women in Literature	8 1:30 pm French Conversation	9 1:00 pm Out to Lunch	10 9:00 am Hiking	11 12:30 PM Book Bunch	12
13	14	15 12:30 pm Bridge	16 10:00 am Bocce 6:00 pm Out to Supper	17 9:00 am Hiking 1 pm Gamesters	18	19 General meeting 2 pm
20	21 2:30 Spanish	22 3:00 pm Public Policy	23 Great Decisions 1 pm	24 9:00 am Hiking	25	26 11 am Historic Preservation
27	28 4:00 PM Film Group	29	30	31 9:00 am Hiking		



## The glass-ceiling index

Environment for working women, 2016 or latest, 100=best

