



Triad
Mid-Peninsula Branch
American Association of University Women
(Serving Southern San Mateo County)
Founded in 1954

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research

VOLUME 65 NUMBER 3

NOVEMBER 2019

“Life Afterwards: The Holocaust seen through the eyes of survivor’s son”

with author

Dr. Michael Arend



**born in Prague
of two Auschwitz survivors**



Saturday, November 2, 2019

2 pm

Redwood Shores Library*



Marine Parkway at Bridge St., Redwood Shores

*The meeting space is provided as a community service by the City of Redwood City.

Presidents' Message:

What a wonderful welcome back to a new year of AAUW at our Sept. 21 Meeting! Many thanks go to Margo Keeley for organizing all the details of the program and gathering the Tech Trek girls. Thanks to Teddy Heinrich and Stephanie Katz, our program chairs, and to Sherry Booth, Barbara Haas, Carolyn Seffens, and their Tech Trek Team. Gratitude, also, to Vicci Mueller for her work at the membership table, Margot Diltz for the directories, and Wilma Hoffman for coordinating the Board to bring the yummy snacks. Huge thanks to Pat Ivester, Jean Dehner, Chris Panero, Vicci Mueller, Jan Dresser, and Marie Wolbach for all their work with Tech Trek over so many years, and for giving us insights into the joy of being at Tech Trek. Kudos especially to the fabulous girls who came and shared their experiences from Camp Curie with us!

We were all inspired by these Tech Trek girls. What an amazing project our branch has had the opportunity to support all these years! If you would like to donate to sponsoring next year's girls, here's how:

<p>Make your check out to: AAUW CA SPF In the memo line: Tech Trek, Camp Curie, Mid-Pen Branch</p> <p>Mail to: Kathy Rafael 162 Westgate St. Redwood City, CA 94062</p>	<p>OR: https://www.aauw.org Click on:  Click on: Give to a local site of AAUW National Tech Trek here Click on: <input type="radio"/> Use my gift to support Tech Trek California – <u>Stanford (Curie)</u> Fill out the amount of money and click on: </p>
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LIFE AFTERWARDS: The holocaust seen through the eyes of survivors' son

Michal Arend will speak about the lives and experiences of his parents before, during and after their torture in concentration camps, and also about what he and his sister went through themselves as survivors' son and daughter, not only affected by the Holocaust but also by other reversals, shadows and crisis periods of the new Czech and European history. The specific perspective narrative from the point of view of the second-generation member is the main feature which make this lecture different from other educational initiatives and offers.

Michal was born in Prague in 1949 as son of two Auschwitz survivors. In 1968 he immigrated with his parents and sister to Switzerland. Until his recent retirement, Michal worked as urban planner and sociologist in different countries and was also a scientific secretary of various European co-operation programs and networks. Since 2002, Michal chairs the Civic association Jewish Memorial Černovice and from 2015 he visits the schools and tells his story to pupils and the public in different European countries. His lecture in Redwood City will be the first one outside of Europe and also the first one in English language.

PUBLIC POLICY

ORANGE IS THE NEW PINK

25 November International Day for the Elimination of Violence against Women

Orange is the color adopted by UNiTE, a UN WOMEN’s campaign to end violence against women worldwide.

In the United States, the Violence Against Women Act 1994 (VAWA) was enacted 25 years ago this September. However, it has expired and this April the VAWA Reauthorization Act passed the House and sent to the Senate. The Act now awaits action by the Senate. The American Bar Association has designated the VAWA as “threatened”.

Women's rights activists have observed 25 November as a day against gender-based violence since 1981. In 2017, the EU and the UN launched the [Spotlight Initiative](https://spotlightinitiative.org) <https://spotlightinitiative.org>, in partnership with the United States, which aims to eliminate all forms of violence against women and girls by raising the awareness of this issue. Worldwide, countries that have laws preventing violence against females are largely ineffective or nonexistent.

Violence against women and girls is one of the most widespread, persistent and devastating human rights violations in our world today and obstructs female progress wherever we live.

- 1 in 3 women worldwide have experienced physical or sexual violence
- 1 in 2 women killed worldwide in 2012 were killed by their partners or family members
- 1 in 5 women and girls have experienced physical and/or sexual violence by an intimate partner within the last 12 months

The rates of violence against women in the United States are similar;

- 1 in 4 victims of domestic abuse
- 1 in 6 women have survived sexual assault
- 15 million children have been exposed to domestic violence

Violence against women is a human rights and discrimination violation. This violence impacts on, and impedes, progress by women and girls in many areas. However, it is not inevitable. Prevention is possible and essential, but it continues to be a global pandemic. And in the United States women and girls are in danger of not having the protection of the VAWA.

The San Mateo Branch invites us to their meeting on Sat. Nov. 9, at 1 pm to hear a presentation by a docent from the Asian Art Museum about “The Silk Road” and how art travels and sometimes changes along that route. The meeting is at the District Office of the San Mateo Co. Community College District, 351 CSM Dr, San Mateo, 2nd floor Board Room.

REDWOOD CITY INTER-SERVICE CLUB COORDINATING COUNCIL NEWS:

Thanksgiving Day Dinner (free) is served at noon at the R.C. Veteran’s Memorial Senior Center on Madison Ave, by members of the Peninsula Hills Women’s Club, to provide a place for those who would otherwise be alone on this special day.

Also, remember to save your toiletries, lap robes, caps, stuffed animal, costume jewelry, aluminum can pop tops, used eyeglasses, hearing aids, and empty ink cartridge for the various clubs.

Call Nancy Oliver for more details about the above activities—592-5822.

An Introduction to two of our newest members – Welcome

Heidi Vandermolen- 650-630-1611
530 Shorebird Circle #7202, Redwood City, CA 94065
vandermolen.message@gmail.com
B.A. St. Olaf College

Sherry grew up in Glendale CA and graduated from St. Olaf College where she received a BA degree in Art History. She was exposed to both Swedish massage in Sweden and Thai massage in Thailand. She is a Certified Massage Therapist and specializes in deep tissue and rehabilitative bodywork. She lives with her husband, Daniel in Redwood City. She learned about AAUW during a Steeley Dan concert. She is excited to be part of the book clubs and the Spanish language groups!

Lee Connor- 650-704-9118
904 Live Oak Way, Belmont, CA 94002
leeconnor@yahoo.com
MBA Marketing UCLA

Lee lives in Belmont with her husband of 48 years. She has two daughters and four grandchildren. She worked at Stanford University for 17 years and retired in 2016. She managed a wide variety of projects for the Office of the Provost for Student Affairs. She is looking forward to joining some interest groups and thanks Ruthie Wilkins for reintroducing her to AAUW.

Corrections to the Directory:

Page 8:

Neighborhood 1 Chair is Nancy Crampton (650) 257-3639

Neighborhood 2 Co-Chairs are Cynthia Ford (650) 995-3846 and Margo Keeley (650) 400-9857

Other:

Armstrong, Patricia

e-mail: ruthandpatricia@icloud.com

Bregman, Galina

e-mail: gb_1988@yahoo.com

Katz, Stephanie

status: Dual

DONATING TO AAUW FUNDS

There are four categories of Funds that you can designate for your contribution. They are “Greatest Need Fund” (9110), Education and Training Fund (4450), Economic Security Fund (4449), and Leadership Fund (4452). Within these broad categories, you may also designate your donation to specific Funds. These include, but not exclusive, are the EO Fund (4336), Tech Trek (4371), Eleanor Roosevelt Fund (9170), Legal Advocacy Fund (3999), Public Policy Fund (4337), and Leadership Programs Fund (4339). In addition, there is the AAUW Action Fund (2011) for which donations are not tax deductible. You may make donations online at aauw.org and select the Donate button at the top. Or you can donate by mailing checks in directly to PO Box 98045, Washington, DC 20090-8045, or mailing checks made out to AAUW Funds to Carolyn Miller, Ann Fleishman or Phyllis Hesik, noting on the memo line which fund your donation should go to. Any questions may be directed to the above members.

Update on Aileen Rizo case

On Aug 9 the US Court of Appeals asked for information on any other developments since the case was considered by the full court in April 2018. The Supreme Court vacated the Ninth Circuit’s earlier decision in favor of Aileen Rizo because the judge that authored the original decision died before the decision was issued. AAUW Legal Advocacy Fund continues to support Aileen Rizo.

UNSUNG HERO LUNCHEON HONORS MARGOT DILTZ

Saturday, Nov. 9 Noon

Veterans Memorial Senior Center, 1455 Madison Ave., Redwood City

**Herb Crusted Rack of Lamb, Roasted Atlantic Salmon or Vegetarian Pasta with Pesto
with mashed potatoes & mixed vegetables & dessert**

Also included: garden green salad with creamy ranch dressing, rolls, butter, dessert, wine, and coffee or iced tea.

Come help us honor Margot!

Please make out your check for \$41 to "ISCCC," with your menu choice on the memo line, and bring or mail to Nancy Oliver, 147 Belvedere Ave., San Carlos 94070. **Deadline: Oct. 30**

LIKE WORKING WITH YOUNG WOMEN?

Come on board to work with College/Universities to get the college/university to become a college partner, allowing their students to become e-members of AAUW for free. That then allows their students to do the Start Smart (negotiating skills) workshop on-line, again for free. Interact on campus with students, giving out the information as to how to become e-members, and encourage them to start an AAUW student group on campus.



There is a fabulous conference in early June each year, **National Conference for College Women Student Leaders (NCCWSL)**, attended by about 800 student leaders from across the country. How exciting would it be to be able to send a student leader from our area?

We are currently involved with Canada College, next up is to contact Notre Dame. These young women are incredible.

If you are interested in this aspect of AAUW involvement, contact Wilma Hoffmann, Cathy Chowenhill or Carolyn Miller

Above: Margo Keeley very animated at the Canada Rush day, with Cathy Chowenhill

TIPS on Hikes/Walks Oracle Parkway Bay Trail

Need a paved, flat trail with a view? Try a section of the Bay Trail, a frequent outing for our Hiking Section. Exit 101 to Marine Parkway (the east continuation of Ralston) and turn left at the first stoplight, Oracle Parkway. Take an immediate left to public parking with a restroom and a picnic table under trees. Follow the trail over the bridge and to the right. Dogs allowed. Oracle café is open to the public.

TIPS on Podcasts Ted Talks Daily

"How climate change could make our food less nutritious" September 16, 2019 Epidemiologist Kristie Ebi reveals the potential massive health consequences of carbon dioxide caused nutritional deficiencies of plants (11 min)

TIPS on Television Netflix Mini-Series

Absorbing and powerful, *Unbelievable* transcends familiar true-crime stories by shifting its gaze to survivors of abuse, telling their stories with grace and gravity, and following the dogged dedication of two women police detectives. Don't miss it.

[Send your favorites to Carole Farina.](#)

November Section Information

New Sections??

If you are interested in learning American (with a card) Mah Jongg, please call or email Barbara Regello (595-1630; theobarb@comcast.net) or Marilyn Zack (591-2353; marilynzack10@yahoo.com)

Anyone for Dessert?? Why wait until after supper for Dessert? If you agree that Dessert is your favorite meal, join us once a month (on the second Tuesday??) for an afternoon treat. Anyone interested, contact Kathy Rafael (650-533-9288; krafael1953@yahoo.com). Let's enjoy life!!

Bocce Ball: An enjoyable game of Bocce Ball is scheduled for Wednesday, November 20th, at 10 am at the courts at Burton Park. Please RSVP to Lois Monroe (593-1950 or loiswmonroe@gmail.com) to join us and make sure we have enough players. It is an easy game to learn and everyone is welcome.

Book Bunch: Join us on Friday, November 8, at 12:30 pm, at the home of Pat Armstrong at 1374 Alameda de las Pulgas in San Carlos. We will discuss "Leadership: In Turbulent Times" by Doris Kearns Goodwin. Contact June Hennig at 650-593-6541 or pjhennig1@gmail.com for questions or directions.

Bridge: Interested in Bridge? Please call Helene Haughney (650) 592-2517. Please add Pat Holvick 650-323-2121 to your Bridge substitutes list.

Film Group: The Film Group meets on the 4th Monday of the month for a movie and dinner at a nearby restaurant. We usually go to the Century Theater in Redwood City which has a lower admission for seniors on Monday. Occasionally, we will go to a movie at the Guild Theater in Menlo Park and have dinner there. Section members will be notified by e-mail the previous Thursday of movie possibilities. Notification of final movie selection and restaurant choice will be sent on Saturday. Carpooling is encouraged. In November, the movie day is the 25th. If you would like to be added to this section, please mail the film group at scaauwfilm@gmail.com or call Susanne Burrill at 759-3352 or Barbara Regello at 595-1630.

French Conversation: Our meeting is scheduled for Tuesday, November 12, at 1:30 p.m. Mirna Hirschl will be our hostess: 9 Kittie Lane, Belmont. Please RSVP to her at 650-595-1418 or MirnaHirschl@gmail.com.

Gamesters: We have been playing "Hand and Foot" at 1:00 on several Thursdays per month. I send an e mail to our members on the weekend before each Thursday when we are going to play. If you would like to be added to my list, please email me. We welcome new players. Barbara Barth bab22@ix.netcom.com

Great Decisions: This discussion group meets on the 4th Wednesday of each month to discuss current foreign policy topics. The discussions are based on articles from the booklet "Great Decisions," which is published annually by the Foreign Policy Association. This month's meeting is from 1:00 pm to 3:00 pm on November 27 #8 State of the State Department and diplomacy. Contact Judy Diashyn 593-2507; jdiashyn@yahoo.com for more information

Hiking Group: The hiking group meets Thursdays about 9 a.m. Walks are flat or hilly for about 2 hrs. and may include lunch. If interested, please send your email and cell phone number to Stephanie Katz (stk4@lehigh.edu). Informational emails are sent a few days prior to the hike; destinations may change.

11/7 SF: Mission District - Balmy Alley murals & Mission Cultural Center for Latino Art

11/14 San Carlos: Eaton Park (3000 Eaton Ave. 94070) [hilly]

11/21 Pacifica: Mori Point & lunch at Puerto 27

11/28: THANKSGIVING – no hike

Historic Preservation: Let's visit the Fremont Historic Museum, which covers exhibits on the Washington Township, or The Tri-City Area that includes: Union City (Decoto and Alvarado), Newark,

Fremont (Niles, Centerville, Irvington, Mission San Jose, Warm Springs). If possible, we may also visit the Rancho Higuera Historical Park adobe, one of the last remaining buildings of Washington Township. We'll have lunch in Fremont. Call Nancy Oliver (592-5822), by Nov. 5 and we'll choose a Friday in November that works for you and set up a carpool.

Mystery Group: Mystery group is in a possible change so Phone 650-593-9514 or email jpeceimer@yahoo.com for what's going on.

Out to Lunch: Please join us at 1:00 on Wed., Nov. 13th for delicious Korean food as we gather for lunch at "Kaya BBQ & Tofu" restaurant. This restaurant is in the same shopping center as "Kabul". The address is 39 El Camino Real, San Carlos. Please email me for a reservation by 5:00 on Sunday, Nov.10th. bab22@ix.netcom.com

Out to Supper: The Farm House, 1301 Sixth Avenue, Belmont, is our November 20th dinner destination. This small and casual restaurant offers a new take on fresh, seasonal and classic dishes. To join us for dinner at 6 o'clock, please RSVP to Lois Monroe (503-1950 or loiswmonroe@gmail.com) by Monday, November 18th.

Public Policy: Our presenter for the November 19 meeting is Phyllis Hesik. Her topic will be policies that support work-life balance. Couldn't this topic also refer to the work for which we volunteer?? Please note that the meeting on the 19th is the 3rd rather than the 4th Tuesday of the month. (We didn't want to meet on the week of Thanksgiving.) Please join us from 3 - 5 p.m. at the home of Yvonne Bergero, 136 Mesa Verde Way, San Carlos. RSVP to Yvonne at (650) 595-3648 or ybergero@mac.com All branch members are most welcome.

Spanish Conversation: We meet on the 1st and 3rd Mondays of each month from 2:30 until 4:30 or 5:00. Meetings this month will be at Marilyn Zack's house on November 4th and 18th at 2:30 There are always wonderful snacks and drinks and a lot of laughter. Our group is not for beginners but if you have some Spanish and want to improve or if you are fluent, we welcome you to join us. Please let Teddy know if you'll be coming at teddyhei@aol.com.

Women in Literature: For November 4 (Mon.), we're reading "The Girl with the Pearl Earring" by Tracy Chevalier. Meet at 7 pm at the home of Mirna Hirschl. Call Nancy Oliver (592-5822) for more information. For December 2, the book will be "The Lady and the Unicorn" also by Tracy Chevalier:

PRIVACY POLICY

Remember that use of the directory is limited to members only, and not for business or political purposes

Sunshine Lady

Marge Haruff is our Sunshine Lady. Please contact Marge at mharuff@aol.com or 592-9900 or if you know anyone who would appreciate a card from our Branch.

Know of a prospective member?

If you know of a prospective member, please contact Vicci Mueller, email viccim@aol.com

Board Meeting

The next board meeting is on Tuesday, November 5 at 10:30 am. Location is Community Activities Building, 1400 Roosevelt Ave. RWC, Room 1.

Triad Deadline for December/January

The deadline is November 10. Please send information to Kathy Rafael (krafael1953@yahoo.com)

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, class or disability. AAUW promotes equity for all women and girls, lifelong education and positive social change.

Ellen Van Creveld
2304 Coronet Blvd
Belmont, CA 94002

Co-Presidents:

Cathy Chowenhill – 368-3181
Carole Farina – 368-2402

Membership: Vicci Mueller - 591-5444
Cristina Avila-Summerville – 594-0464

Triad Editor: Kathy Rafael 533-9288

Distribution: Ellen Van Creveld 591-0814
Electronic Distribution: Cathy Chowenhill – 368-3181

Website: <https://mid-peninsula-ca.aauw.net>
Email: aauw-mid-pen@earthlink.net

NOVEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 2 pm General Meeting
3	4 2:30 Spanish 7:00 Women in Literature	5 10:30 am Board Meeting	6	7 9:00 am Hiking	8 12:30 PM Book Bunch	9 Noon Unsung Heroes Lunch
10	11	12 12:30 pm Bridge 1:30 pm French Conversation	13 1:00 pm Out to Lunch	14 9:00 am Hiking	15	16
17	18 2:30 Spanish	19 3:00 pm Public Policy	20 10:00 am Bocce 6:00 pm Out to Supper	21 9:00 am Hiking	22	23
24	25 4:00 PM Film Group	26	27 Great Decisions 1 pm	28 THANKSGIVING	29	30