



Triad
Mid-Peninsula Branch
American Association of University Women
(Serving Southern San Mateo County)
Founded in 1954

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research

VOLUME 65 NUMBER 4

DECEMBER 2019



Enjoy your Neighborhood Parties!

January Meeting:
Plan to learn more about

“A New Approach to Mental Health”

With Juliana Fuerbringer

Board President of the California Clubhouse in San Carlos,
who will explain their program for individuals living with a mental illness, and
offering hope, dignity, and recovery.

and

“Human Trafficking in San Mateo County”

With Pam Estes

Human Trafficking Coordinator in San Mateo County,
who will provide an overview collaborative efforts of County agencies regarding victims
of human trafficking in our community.

Saturday, January 11, 2020 at 2:00 pm

Redwood Shores Library

Marine Parkway at Bridge St., Redwood Shores

Presidents' Message:

One thousand and ninety-three patents came from inventor Thomas Edison, everything from the light bulb to a talking doll, a sap extractor to a tornado-proof house. Yet he did not originate so much as improve. He found ways to make things better.

Thanks to our Program VPs Teddy Heinrich and Stephanie Katz for highlighting four projects we help that aim to make life better: Hope House, The Grateful Garment, Healthy Cities Tutoring and WIRE for Women. Helping others and supporting women benefits all of us by building strong communities, large and small.

It is time for us to ask, "What can I do?" Start with your home; you know the environment is changing. We will be offering more ways to help you be eco-friendly. Look at your community and participate; what areas need help, revising, different viewpoints? Actively support AAUW's mission: you can donate funds, you can join a branch committee, you can advocate for women's equality. The time is right. Don't put it off. Let's do it!

Carole Farina

Co-President, Mid-Peninsula Branch



HOLIDAY PARTIES



Neighborhood Group 2 will hold its holiday party on Saturday, Jan. 11, 2020, at the home of Cynthia Ford. I've received mixed signals as to whether or not this information will fit in the next Triad but am content with whatever your decision is.

Neighborhood 3 has plans for a holiday gathering on December 4th at Sally Mellinger's home. There will be wine and sparkling waters. Bring an appetizer to share with everyone. The wrapped Secret Santa gift is to be put under the tree and we will have a good time opening our white elephant gifts. The time is 4:00 to 6:30 or later.

"Human Trafficking in San Mateo County" With Pam Estes

The Human Trafficking Advocacy Coordinator is Pamela Estes. Pamela is an attorney, and the founder of *Before Our Very Eyes*, a human trafficking awareness display that has appeared at the County Government Center and the San Mateo County Fair.

Since January 2018, John Vanek, the Program Coordinator, and Pamela have worked together to establish collaborative partnerships among County agencies, law enforcement agencies within the County, and non-governmental organizations in our anti-trafficking efforts. John and Pamela are responsible for Program design and implementation, along with a variety of efforts to enhance services to victims of trafficking, increase investigation and prosecution of human trafficking incidents, raise awareness of human trafficking within the community, and foster greater collaborative efforts among all who fight modern-day slavery.



KEPLER'S BOOK WRAPPING FUNDRAISER

It is once again time for our annual fundraiser at Kepler's and shifts are still available on December 20, 21 and 22. Please sign up for one or more by contacting me at marilynzack10@yahoo.com or 591-2353. These two hour slots are fun and you will meet interesting people. Thanks.

PUBLIC POLICY NEWS and UPDATES

“...OUR HOUSE IS ON FIRE”

So said Greta Thunberg (16) to The U.N. Climate Action Summit (Sept. 23, 2019) as she scolded adults for allowing our planet to warm so much as to be dangerously close to “the risk of setting off irreversible chain reactions beyond. *“You are failing us. But the young people are starting to understand your betrayal. The eyes of all future generations are upon you. And if you choose to fail us, I say: We will never forgive you. We will not let you get away with this. Right here, right now is where we draw the line. The world is waking up. And change is coming, whether you like it or not.*

At the Public Policy Section meeting Oct. 22nd, AAUW member Sherry Booth echoed this alarm during her presentation of ECOFEMINISM which affirms woman's unique connection to the natural world. With this all-encompassing link, women are positioned to seek power with (not “over”) climate aware communities to protect the planet and to change the culture of dominance over nature which frenetically plunders ever more resources for ever more unequally distributed economic gain.

UPDATES

ERA The Democratic Victory in Virginia Paves Way for Final Approval of Equal Rights Amendment. With a Democratic majority in VA’s Legislature, passage of the ERA is practically a surety with the necessary 38 state passage to become the 28th Amendment to the Constitution. There may be hurdles; the deadline for passage has expired. Jackie Speier introduced a resolution [H.J.Res.38](#) to remove the ERA’s ratification deadline.

VAWA Violence Against Women Act has expired. “H.Res.281 - Providing for consideration of the bill (H.R. 1585) to reauthorize the Violence Against Women Act of 1994, and for other purposes” has passed the House but sits in the Senate awaiting a vote.

JANUARY 18, 2020 WOMEN’S MARCH <http://www.aauw-ca.org/womens-march/>
March with National and California AAUW and show our strength in numbers. Check the website for information for you and your family/friends.



With great sorrow we announce the death of long-time member Faith Mack on October 21. The branch will make a contribution in her memory.

THE GRATEFUL GARMENT PROJECT

Did you know that every 98 seconds someone in America is being sexually assaulted? And every 8 minutes that person is a child. The Grateful Garment Project provides victims of sexual violence the clothing and other resources they need to reclaim their dignity and begin the healing process. We work with hospitals, shelters, law enforcement and other nonprofits to meet victims' immediate needs after a crisis and support their ongoing needs along their road to recovery. Help us help the victims by [donating today](#). If you'd like to learn more about our organization please [visit our website](#).

DONATING TO AAUW FUNDS

To donate online, go to www.aauw.org/contribute. You will be given 5 categories from which to choose, such as Where Needed Most, Economic Security, etc. You also have 3 other choices, i.e. Tech Trek, NCCWSL, & Mooneen Lecce Giving Circle. Follow the instructions for “monthly” or “one time”, along with the dollar amount you wish to give. Note at the end of this page, there is a statement regarding contributions to a specific fund, such as Legal Advocacy, Public Policy, Educational Opportunities, etc. You will need to call AAUW National at 800-326-2289.

You can also donate by check and specify your fund contribution in the memo line. Make your check payable to AAUW and mail to Ann Fleishman, 3 Bluebell Lane, San Carlos, CA, 94070.

If you have questions, please contact Carolyn Miller, Phyllis Hesik, or Ann Fleishman.

.....
Karen Rende is the Hope House representative and welcomes any donations.
.....

TIPS on the Environment and You (Click on links for more)

The climate is changing but what can I do? Elvira Monroe, a member of the active Public Policy Section, contributed two articles on ways individuals can have an effect. An example from “Ten simple ways to act on climate change” :

<http://www.bbc.com/future/story/20181102-what-can-i-do-about-climate-change?ocid=ww.social.link.email>

“By reducing your consumption of animal protein by half, you can cut your diet's carbon footprint by more than 40%. You don't have to go vegetarian or vegan to make a difference: [cut down gradually and become a 'flexitarian'](#). By reducing your consumption of animal protein by half, you can [cut your diet's carbon footprint by more than 40%](#).”

From “12 Things You Can Do Right Now on Climate Change”

<https://en.reset.org/act/12-things-you-can-do-climate-change-0>

“Changes in the way you live your life - both big and small...encourage policy makers to act for the good of the planet....Around [two thirds of global greenhouse gas emissions](#) are linked to burning fossil fuels for energy.” Switch to a green energy provider.

detectives. Don't miss it.

[Send your favorites to Carole Farina.](#)

December/January Section Information

Bocce Ball: Bocce Ball Group is on hiatus until the better weather arrives in the spring. Contact Lois Monroe (593-1950 or loiswmonroe@gmail.com) if you are interested in learning more.

Book Bunch: *Note that meetings are changed to the THIRD FRIDAY each month.*

Join us on Friday, December 20 at 12:30pm at the home of Pat Armstrong at 1374 Alameda de las Pulgas in San Carlos for a holiday potluck lunch and discussion of THE DEPARTMENT OF SENSITIVE CRIMES by Alexander McCall Smith. Carolyn Miller, Ruthie Wilkins, Nancy L'Heureux, Pat Armstrong, Marilyn Vandenbroeck, Stephanie Salzer would love to welcome new members! RSVP to June Hennig if you can join us.

Looking ahead to Friday, January 17, we will discuss the novel THE TIGER'S WIFE by Tea Obreht. Contact June Hennig at 650-593-6541 or pjhennig1@gmail.com for question or directions.

Bridge: Interested in Bridge? Please call Helene Haughney (650) 592-2517

Film Group: The Film Group meets on the 4th Monday of the month for a movie and dinner at a nearby restaurant. We usually go to the Century Theater in Redwood City which has a lower admission for seniors on Monday. Occasionally, we will go to a movie at the Guild Theater in Menlo Park and have dinner there. Section members will be notified by e-mail the previous Thursday of movie possibilities. Notification of final movie selection and restaurant choice will be sent on Saturday. Carpooling is encouraged. In December, the movie day is the 23rd and in January it is the 27th. If you would like to be added to this section, please mail the film group at scaauwfilm@gmail.com or call Susanne Burrill at 759-3352 or Barbara Regello at 595-1630.

French Conversation: Keep in touch with Laverne Rabinowitz (Lrainbow24@yahoo.com) to find out what we're planning for Tuesday, December 10, and Tuesday, January 14. *Joyeuses fêtes et Bonne Année!*

Gamesters: We will play "Hand and Foot" at 1:00 on Jan.16th. Please join us at the home of Barbara Barth, 2211 Thurm Ave. Belmont. Call Barbara at 591-5097 to let her know that you are coming. All Branch members are invited. Don't be shy if you don't know how to play the game. We are all still learning.

Great Decisions: We will begin the new year at our first meeting in January. The group will continue to meet on the 4th Wednesday of every month at my home at 1824 Bayview Ave. Belmont. January's meeting will focus on Article #1 "Climate Change" in the new Great Decisions booklet and will be on Wed. Jan. 22nd. The new booklets will be distributed to members who pre-ordered them from me when they arrive in early January. Any new members who did not pre-order can buy them individually at the Foreign Policy Association website: <https://www.fpa.org/index.cfm?act=home>

Hiking Group: The hiking group meets Thursdays about 9 a.m. Walks are flat or hilly for about 2 hrs. and may include lunch. If interested, please send your email and cell phone number to Stephanie Katz (stk4@lehigh.edu). Informational emails are sent a few days prior to the hike; destinations may change.

Dec. 5 Redwood City: Pulgas Ridge Preserve (Edmonds Rd, Redwood City, 94061) [hilly]

Dec. 12 La Honda Creek Open Space Reserve (parking lot on Page Mill Rd. across from Monte Bello Preserve), 1.5 miles east of Skyline Blvd. [hilly]

Dec. 19 Woodside: Huddart Park (1100 Kings Mtn. Rd.) [hilly]

Dec. 26 Moss Beach: Pillar Point Bluff- park at 1050 Airport St. Moss Beach - at Pillar Point Bluff parking lot (bathroom) / 2.5 miles toward Ross Cove Beach on the Jean Lauer Trail. (recommended hiking sticks)

Jan. 2 Redwood Shores: From Oracle parking lot near 101 exit North to Foster City Bay Trail [flat]

Jan. 9 Miramar Beach at Half Moon Bay [flat]

Jan. 16 Mountain View: From 2638 Terminal Blvd. take Bay Trail; lunch at Michael's Restaurant

Jan. 23 Redwood City: Edgewood Park [hilly]

Jan. 30 SF: Chinatown – Chinese Historical Society (\$10 fee) & neighborhood lunch [hilly]

Historic Preservation: There are several historic homes open and decorated for the season. Most are open on the weekends. If anyone would like to visit these places, contact Nancy Oliver (592-5822).

In January, we'll visit the Legion of Honor to see "James Tissot: Fashion and Faith" and "Curious and Wonderful Selections from the Achenbach Collection." Let's choose one of the Fridays; call Nancy Oliver by 1/3 with your available dates. (592-5822)

Mystery Group: Mystery group is looking for readers but no longer limiting itself to mysteries or even books!!! If you like to read a book or even an article in newspaper or magazine and want to tell others about it give a thought to share it with other AAUW members. We want you to join us in sharing what you've enjoyed and do it while having lunch-next 2 meeting will be at Whisper's Restaurant in Shopping Center at Davy Glen & El Camino in Belmont, 1pm. We've moved meeting to 3rd Tues., 1pm. All you have to do is come and share your info. So, Dec.17th & Jan. 14, 2020!!! If you don't want lunch, it's ok to come. Last minute person are welcome-no reservations required. If you don't like having a restaurant let me know. I'd be happy to have it at my home. There are no stairs to get to house and none inside and usually parking is not difficult. I can fit 4 cars in driveway and have one parking area. thanks for your input. Call Joan Peceimer 650-593-9514 or email jpeceimer@yahoo.com

Out to Lunch: For December we are continuing a holiday tradition with lunch at "The Iron Gate" restaurant, 1350 El Camino Real, Belmont. Please join us at 1:00 on Dec.11th. Make your early reservations by 5:00 on Sunday, Dec.1st. by calling Barbara Barth at 591-5097. All Branch members are welcome. Come and celebrate the holidays with us.

On January 8th, we have a new restaurant to explore. Please join us at 1:00 at "V & V Delicious Crepes", 601 Old County Rd., San Carlos. The owner, Nathan, says "we specialize in bringing organic, locally sourced vegan and vegetarian options to the Bay Area." Enjoy sweet or savory crepes, salads, smoothies and soup. Make your reservation by 5:00 pm on Sunday, January 5th with Barbara Barth, 591-5097. All Branch members are welcome.

Out to Supper: The Van's Restaurant provides a festive setting for our holiday dinner on December 18th. We will meet at the restaurant, located at 815 Belmont Avenue, Belmont, at 6 o'clock to enjoy the lovely view, holiday decor, a delicious dinner and the lively conversation of AAUW friends. To join us, please RSVP to Lois Monroe (593-1950 or loiswmonroe@gmail.com) by Monday, December 16th.

The Redwood Grill, 356 Woodside Plaza, Redwood City, is our January 15th dining destination. Convenient parking is available near the restaurant, which offers a varied menu with comfort food or lighter fare. To join us at 6 o'clock, please RSVP to Lois Monroe (593-1950 or loiswmonroe@gmail.com) by Monday, January 13th.

Public Policy: Our section will not be meeting in the month of December. January 28, 2020 will be our next get together, from 3:00 – 5:00 p.m. Marilyn Zack will be hosting the meeting at her home, 17 Williams Lane, San Carlos. Presenting a topic on Title X will be Ann Fleishman. What is Title X? Briefly, it is a federal program that provides various family planning services to women, through clinics. RSVP to Marilyn at marilynzack10@yahoo.com or 650 591-2353. Come join us for a lively discussion. All are most welcome.

Spanish Conversation: We meet on the 1st and 3rd Mondays of each month from 2:30 until 4:30 or 5:00. Meetings will be at Marilyn Zack's house on December 2nd and 16th at 2:30 There are always wonderful snacks and drinks and a lot of laughter. Our group is not for beginners but if you have some Spanish and want to improve or if you are fluent, we welcome you to join us. Please let Teddy know if you'll be coming at teddyhei@aol.com.

Women in Literature: For Dec. 2, we'll discuss "The Lady and the Unicorn" by Tracy Chevalier. Meet at the home of Myrna Hirschl. Call Nancy Oliver (592-5822) for more information. For Jan. 6, we'll read "Educated" by Tara Westover.

PLEASE SAY "YES"

Our Nominating Committee will be convening soon. When they call you about filling an elected or appointed position for 2020-21, please accept! Our branch has many people who have filled positions before and who will be glad to offer their help! In the words of Betty Torrez, when she was asked to be president, "I'm a college graduate; of course, I can do that!"

.....

MEET OTHER NONPROFIT REPS

Join Nancy Oliver at an InterService Club Coordinating Council of Redwood City (ISCCC) meeting on the second Monday of each month at 12:30 pm in the NFL Alumni Building, 1311 Madison Ave., next to the swimming pool near the Veteran's Memorial Senior Center.

.....

To receive Triad by email only, call Ellen (650) 591-0814 or email ellenlvc@gmail.com
**SEE MORE PICTURES AND CONTENT NOT INCLUDED
IN THE PRINT VERSION!!!**

Your emailed Triad is interactive. Try it. Click on the links.

Sunshine Lady

Marge Haruff is our Sunshine Lady. Please contact Marge at mharuff@aol.com or 592-9900 or if you know anyone who would appreciate a card from our Branch.

Know of a prospective member?

If you know of a prospective member, please contact Vicci Mueller, email viccim@aol.com

Board Meeting

The next board meeting is on Tuesday, January 7 at 10:30 am. Location is Community Activities Building, 1400 Roosevelt Ave. RWC, Room 1.

Triad Deadline for February is Jan 10

New Triad Editor!!! Starting this month, Micki Carter takes the reins. Please email her at mickicartr@gmail.com or phone 591-2732. GOOD LUCK!

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, class or disability. AAUW promotes equity for all women and girls, lifelong education and positive social change.

Ellen Van Creveld
2304 Coronet Blvd
Belmont, CA 94002

Co-Presidents:

Cathy Chowenhill – 368-3181
 Carole Farina – 368-2402

Membership: Vicci Mueller - 591-5444
 Cristina Avila-Summerville – 594-0464

Triad Editor: Kathy Rafael 533-9288

Distribution: Ellen Van Creveld 591-0814
 Electronic Distribution: Cathy Chowenhill – 368-3181

Website: <https://mid-peninsula-ca.aauw.net>
 Email: aauw-mid-pen@earthlink.net

December 2019/January 2020 – Dates to remember

12/2 – Spanish 2:30pm / Women in Literature 7:00pm	1/8 – Out to Lunch 1:00 pm
12/4 – Neighborhood #3 Holiday Party	1/9 – Hiking 9:00am
12/05 – Hiking 9:00am	1/11 – General Meeting 2:00 pm
12/10 – French Conversation 1:30pm/Bridge 12:30 pm	1/11 – Neighborhood #2 Holiday Party
12/11 – Out to Lunch 1:00pm	1/13 – ISCCC Meeting 12:30 pm
12/12 – Hiking 9:00am	1/14 – French 1:30pm/Bridge 12:30 pm
12/16 – Spanish 2:30pm	1/15 – Out to Supper 6:00 pm
12/17 – Mystery Book Group 1:00 pm	1/16 – Hiking 9:00 am/Gamesters 1:00 pm
12/18 – Out to Supper 6:00 pm	1/17 – Book Bunch 12:30 pm
12/19 – Hiking 9:00am	1/20 – Spanish 2:30 pm
12/20 – Book Bunch 12:30 pm	1/21 – Mystery Book Group 1:00 pm
12/20, 12/21, 12/22 Kepler’s Gift Wrapping	1/22 – Great Decisions 1:00 pm
12/23 – Film Group	1/23 – Hiking 9:00am
12/26 – Hiking 9:00am	1/27 – Film Group
1/2 – Hiking 9:00am	1/28 – Public Policy 3:00 pm
1/6 – Spanish 2:30pm/Women in Lit 7:00pm	1/30 – Hiking 9:00am
1/7 – Board Meeting 10:30 am	