

Mid-Pen's Carolyn Chambers to talk about 'Investing Essentials'

Mid-Peninsula Branch member Carolyn Chambers will discuss Investing Essentials at the May 2 general meeting, which will be conducted at 2 p.m. via Zoom.

She will focus on how to work with your investment advisor to maximize your returns and minimize risk.

"Learn how to inoculate your portfolio against the mistakes that investment advisors commonly make," she said. "Learn what questions to ask of your investment advisor.

"Learn how to take a more active role in the management of your portfolio and learn how to give guidance to your investment advisor and hold them accountable for the performance of your portfolio."

Chambers is an individual investor who has been in the stock market for almost 40 years. The biggest change in that time, she said, is the plethora of investment choices and information.

When it comes to investing she advocates "be informed and do your homework. Lack of knowledge is not your friend."

In the 1980s, she took evening classes for three years at UC Berkeley to get a formal education and understanding in financial planning and investing.

Beyond being a successful investor, she has a Computer Science degree and was a senior executive at Oracle before she retired eight years ago.

Members will receive an email invitation



Carolyn Chambers

to join this meeting a day or two before the meeting with the link needed to join Zoom for the presentation. It might be useful to download Zoom and try it out ahead of time to get a feel for what it is and how it works.

Mid-Pen leadership is planning a practice session ahead of the meeting so those new to Zoom can learn important details including Zoom etiquette to make the meeting more productive.

President's Message

Coronavirus should force all of us to think like a mother

By Carole Farina
Co-President

Think like a mother!

That was the message of the podcast I listened to as I walked the neighborhood during a sunny spell. Mothering is a concept available to all regardless of our gender or parental state. Mothers care for their children and their well-being.

In this time of anxiety, we need to all be mothers; it is a time to care for the well-being of our families, our neighbors, and our world. We truly see the ripple effects of the actions of others.



Carole Farina

It is a time to not only look out for yourselves and families but also consider the others and what you can do. "... Prioritize the needs of the many, not the whims of a few."

Be courteous and considerate, be informed and vote, take responsibility and show respect, think beyond yourself.

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Some etiquette suggestions on participating in a Zoom presentation

1. Ensure that you have a clean and appropriate background since everyone will see it.
2. Look into the camera when talking instead of looking at yourself. Direct eye contact into the camera while speaking gives attendees the impression that you are looking at them.
3. Be sure to position your web camera and monitor at eye level so you can look into the camera and simulate that eye-to-eye connection with other attendees.
4. Eliminate distractions on your computer.
5. Be aware of your audio and video settings and keep your microphone muted so noises from your setting don't spoil the presentation.

Slate of elected, appointed officers for the year 2020-21

Elected Officers

Presidents: Cathy Chowenhill & Carole Farina
 VP-Programs: Kathy Morrow & Kathy Mountain
 VP-Membership: Vicci Mueller
 VP-Membership Treasurer: Mary Spring
 VP-AAUW Funds: Carolyn Miller
Treasurer: OPEN
 Admin/Financial Secty: Mary Spring
 Recording Secty: Marilyn Zack
 Directors-at-Large: Wilma Hoffmann & Ellen Van Creveld

Appointed Officers

Parliamentarian: Nancy Oliver
 General Sections: Lois Monroe
 Public Policy: Yvonne Bergero
 Tech Trek Support, Financial: Kathy Rafael

Communications Team

Triad Editor: Micki Carter
 Events Flyer: Nancy Oliver
 Distribution/Labels: Ellen Van Creveld
 External Communications: Micki Carter
 Internal Communications: Cathy Chowenhill

Website: OPEN

Membership Team:

Cheryl Sullivan & Nancy Crampton

Directory

Margot Diltz

Neighborhoods Coordinator

Sally Mellinger

Sunshine Chair

Marge Haruff

Program Team

Victoria Kline & Carolyn Seffens (setup), Carolyn Chambers & Mary Ann Miotto

Event Chairs

September: Sue Schmid & Judy Diashyn

AAUW Funds Event (lunch/dinner):

Carolyn Miller

Installation Lunch/Brunch: Sue Schmid & Ann Fleishman

Book Wrap: Nancy Crampton

Tech Trek

Sherry Booth

Hope House Liaison

Susanne Burrill

Grateful Garments Liaison

Karen Rende

Who? What? When?

Co-Presidents: Cathy Chowenhill (cathychowenhill@comcast.net) and Carole Farina (cfarina@alumni.stanford.edu)

Membership: Vicci Mueller (591-5444) and Cristina Avila-Summer-ville (594-0464)

Distribution: Ellen Van Creveld (591-0814)

Electronic distribution: Cathy Chowenhill

Triad editor: Micki Carter (mickicar-tr@gmail.com)

Sunshine Lady: Marge Haruff is our Sunshine Lady. Please contact Marge at mharuff@aol.com or 592-9900 if you know anyone who would appreciate a card from Mid-Pen Branch.

Know of a prospective member? Please contact Vicci Mueller (viccim@aol.com).

Board Meeting: Tuesday, May 5, at 10:30 a.m. via conference call.

Triad Deadline for June will be May 10. Please send articles in Word format to Micki Carter (mickicartr@gmail.com).

During this period of quarantine, we will most likely all be fine if we take precautions. But if you do need help, please contact your Neighborhood Chair or co-president.

We can shop for you and leave it on your doorstep or get help for you.

It's a good time to tryout a podcast or ebook. Put your feet up and enjoy being free for the day.

Co-President Carole Farina

Proposed branch budget for coming year to be voted upon

The finance committee submitted the proposed budget to the Board, and it was approved. An email vote of the branch membership will take place in late May.

PROPOSED BRANCH BUDGET FOR 2020-2021

Income:		Expenses:	
Membership dues	2280	Administration	1070
Fund-raising	500	Conferences	2000
Carryover	3000	Promotion	660
		Publications	1550
		General meetings	400
		Contingency	100
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	\$5780		

No calendar on the last page of this Triad because our only event is our May 2 virtual meeting. Maybe next month!

Tech Trek 2020 is cancelled due to the quarantine

By Sherry Booth

We have been informed that AAUW national and state have cancelled all Tech Trek camps for 2020 because of the uncertainty resulting from COVID-19.

At the same time, Stanford University let us know they have cancelled all summer programs on their campus, so sadly there will be no Tech Trek camp this year.

Our branch interviewed 13 amazing seventh grade girls who had been nominated by their science teachers. Each girl was impressive in a different way, and it was both fun and inspiring to talk with them.

Plans for what to do for this year's chosen campers are ongoing, and while they won't get to go to camp, they will have had the honor of being chosen.



ELECT OUR BRANCH OFFICERS & APPROVE THE BUDGET AND BYLAWS CHANGE

Since our branch cannot meet in person, we will be using email to conduct our election of officers and acceptance of the budget for 2020-2021, and also approval of a bylaws change.

During the first week of May, members will receive two emails from AAUW Mid-Peninsula. The first will present the slate of officers as received from the nominating committee and ask members if they have any further nominations (the person nominated must have first given their approval).

A few days later, a second email will come from AAUW Mid-Peninsula asking for your vote on the slate of officers. At the same time, we will ask for your vote on next year's budget and the bylaws change.

Thank you for responding promptly when you get these emails

For those of you who do not use email, you can call your neighborhood chair with your vote.

Public Policy section is busy writing letters

By Yvonne Bergero

Meetings are on hiatus but Public Policy section has not been idle.

On March 19, 2020, Gov. Newsom issued Executive Order N-33-20 for all Californians to stay at home to avoid spreading/contracting the COVID-19 virus. As AAUW members of Public Policy section

we are doing out civic duty and adhering to the order.

While we wile away our time at home, we will continue to reach out to our representatives urging them to pass legislation through writing personal letters to each of the relevant congressional reps.

A personal letter carries more weight

than an email or generic missive because it stands out as a strong statement of commitment to the issue.

The Paycheck Fairness Act and removal of the ERA deadline have already been covered by our Public Policy members and upcoming issues to be addressed by personal letters will be the Violence Against Women Re-authorization Act, Climate Change action and any other issue Mid-Peninsula members care strongly about.

Please send your issue requests for a letter writing mini-campaign to me at ybergero@mac.com.

Two Call to Action info sheets are available to help us take up pen and paper to send a personal message to legislators regarding two important bills that need a strong kick to get them through Congress.

These bills are almost there and will do so much for women and girls' equality when they are enacted.

Contact me at ybergero@mac.com and ask to have those info sheets emailed to you.

We do have the time. Don't we?

President

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You can be very proud of Mid-Peninsula Branch's officers and chairwomen. They have stepped up to the many challenges this year has bought; not the least has been to move online during this present period, which means learning new technology skills and enabling others to do the same.

It is rewarding to see the response of our members when virtual connections are achieved. They have broken though the isolation of home-stay, enabled sections to continue meeting, and brought neighborhoods together for social time. Well done!

We are fortunate to have talented and well-informed members who are willing

to share their skills. One is Carolyn Chambers who is sharing her knowledge of the investment world with us on May 2. It is a subject she has studied intensely and has relevance whether we have investments or plan to invest or only want to understand that area. Practice your videoconference ability now so that you are able to join the meeting on May 2.

Do read the email communications from Mid-Peninsula for the latest news. Our plans are in flux, dependent on current events, but we will try to keep you up to date so that you do not miss latest happenings.

If you care to listen to the podcast referenced, it is a [Ted Talk](#): "In uncertain times, think like a mother" by Yifat Susskind.

Be well.

No section meetings until we can be together

However, our section leaders have come up with myriad ways we can keep ourselves informed and entertained during our quarantine. By the way, the links are live so just click on them.

Yvonne Bergero — Back in the day, we all can remember a time when listening to the radio was important in our lives. Members can regard their smart phone as a radio and listen to current event lectures from the [Commonwealth Club](#) in San Francisco through podcasts accessed through iTunes for an iPhone or the Spotify App and Google Play for an Android. Pleasant listening!

Carole Farina — Read about memorable women and foreign lands:

- Gertrude Bell, Queen of the Desert by Georgina Howell. "Gertrude Bell...was an adventurer, spy, archaeologist and powerful political force who travelled into the uncharted Arabian desert and was recruited by British Military Intelligence to help reshape the Middle East after World War I. She drew the borders of Iraq, helped install its first king and established the Baghdad Museum of Antiquities... A true visionary, she advocated for Iraqi self-rule and openly criticized colonial policy."
- A History of Islam in 21 Women by Hossein Kamaly. "A feminist narrative that has always existed within Islam" told through the lives of 21 influential Muslim women.
- Circe by Madeline Miller. "Myth, magic and single motherhood... A nymph faces the joys and loneliness of independence in this feminist reworking of the Greek myth...."

Ann Fleishman — Here are Ann's favorite reads:

- The Dutch House by Ann Patchett
- Where the Crawdads Sing by Delia Owens
- The Giver of Stars by Jo Jo Moyes
- The Lost Girls of Paris by Pam Jeoff
- Lilac Girls by Martha Hall Kelly
- The Paris Architect by Charles Belfoure

- All the Light We Cannot See by Anthony Doerr
- The Nightingale by Kristin Hannah
- The Goldfinch by Donna Tartt
- Before We Were Yours by Lisa Wingate
- Educated by Tara Westover
- Becoming by Michelle Obama
- Hillbilly Elegy by J.D. Vance
- A Gentleman from Moscow by Amor Towles
- The Alice Network by Kate Quinn
- The Book Thief by Marcus Zusak
- Being Mortal by Atul Gawande

June Hennig — Lots of great ideas here:

- People are sharing [dumb dog](#) stories.
- Virtual tours of great [museums](#)
- [Google Arts and Culture](#)
- More [museums](#)
- Fascinating account of the life of [Marie Curie](#) with a great number of wonderful photos. In 1921, American women (including AAUW, but no mention in this article) participated in fundraising to purchase radium for her research.
- How to look good for those [Zoom](#) conference calls.

Stephanie Katz — "Since 1980, San Francisco-based non-profit [City Arts & Lectures](#) has offered unique programs with leading figures in arts and ideas." We can't praise it enough! Last night we saw Dolores Huerta (civil rights activist) and Alice Waters (the restaurant Chez Panisse in Berkeley). We're planning to watch Temple Grandin and others in "Remembering Oliver Sacks." All programs are stimulating. You might give one a try.

Nancy Oliver — Since the Historic Preservation section cannot visit in person, why not take a virtual trip to historic sites. Many have virtual tours and/or webcams. Here are a few to explore:

- Golden Gate Park's [150th](#) Celebration

- [Winchester](#) Mystery House
- California State [Capitol](#)
- National Women's History [Museum](#)
- [Sacramento](#) History Museum
- California History [State Parks](#)
- Nat'l Trust for Historic Preservation (email@savingplaces.org, online encyclopedia of U. S. Architecture)

Good ideas from **Mid-Pen:**

[What Do Countries With The Best Coronavirus Responses Have In Common? Women Leaders!](#)

Book Passage in the SF Bay Area has [author talks](#) and now is offering them free online. Registration info is on the second website.

San Francisco Symphony's [Keeping Score](#) series.

Lectures and concerts from [Stanford Live](#).

You can take a 5-hour online tour of the [Hermitage Museum](#) in St.Petersburg, Russia. Filmed on iPhone 11 with a combination of ballet and great art.

For book of the month by category, check out [Kepler's](#) Bookstore.

For online readings and book recommendations, go to [Collected Works](#) Bookstore's events page.

How about a short [musical interlude](#) with a bit of the world outside.

See how another first world country handles the status of women, read the New York Times review of and readers reactions to a very popular South Korean novel [Just an Average Woman](#): That's the Savage Point.

[Quarantine Chat](#) is a way to have a friendly phone chat with someone also stuck indoors. It's free and keeps your phone number private.

Take Stanford Medicine's National Daily Health [Survey](#) during the COVID-19 crisis.

And just when you thought you knew everything you needed to know about staying safe, apparently we've been misusing [gloves!](#)

National honors Mid-Pen for achieving goals

By Carole Farina
Co-President

AAUW's Five-Star National Recognition Program has recognized the Mid-Peninsula Branch for achieving goals with programs, public policy and research, and communications and external relations. National AAUW noted that all these build community, educate, advocate and influence the advancement of women.

The Five-Star Program celebrates affiliates for aligning their work with the AAUW strategic plan and other initiatives that foster advancing gender equity for women and girls.

Through engagement and activities, recognition is earned in five major categories:

1. Advancement by supporting the Greatest Needs Fund or one of the strategic



plan's focus areas.

2. Communications and External Rela-

tions by using web and social media that feature Work Smart Online.

3. Programs that align with the strategic plan.

4. Public Policy and Research by moving AAUW's Public Policy agenda forward.

5. Governance and Sustainability by ensuring effective leadership succession and strategic plan alignment.

Mid-Pen's application for stars in advancement and governance and sustainability are pending review.

The awards reflect the engagement, activities, and dedication of our branch members and leaders.

Not only do we make friends and have engaging social times, we are a community of thoughtful women striving to make a better world.

**Now
is the
time for
members
to renew!
Here's
how you
do it...**

Get ready! It's time for membership renewal for 2020/2021, New and renewing members are now invited to re-up! Deadline for renewal is June 15.

Computer

Here are the online steps to pay by credit card.

- Go to AAUW.org website
- See banner "Stand Strong in 2020," click box 2020 membership
- See on the next page the heading "Membership and Already a Member? Renew Today" Click "Renew Today"
- Next page: Fill in name, zip and last 4 of your phone number. (NOTE: Don't click boxes under Type of Membership heading unless you know your member number). After filling in your information, click "search" and then click on your name.
- Next page: See your information and payment boxes. This is also where you can update your demographic and educational history information.
- Proceed to the payment section.
That's it!

Mail-In

As in the previous years those members who prefer to pay by check may continue to do so. Make checks payable to Mid Peninsula AAUW and mail to:

Mary Spring
2707 Monserat Ave
Belmont, CA 94002
sprinfab@comcast.net
650-740-1357

Questions? Please contact me by email or phone. Thank you for your prompt payment.