



Mid-Pen's Hilly Hikers took a holiday expedition to see the decorations in downtown San Francisco in December. It looks so fantastic they may have to take reservations for next season, starting now! Another photo is on Page 6.



## What's in a name? Stanford heritage rifts get new look

By Beth Swanson

Join us on Saturday, Feb 11, at 2 p.m. on Zoom to learn more about recent heritage controversies at Stanford University and in Palo Alto that are resulting in the renaming of streets and buildings, the removal of statues, and more.

You'll hear about the issues and community concerns, conflicts with Stanford's identity, new approaches to interpreting local history, and how new names are chosen.

Most of us have heard about name changes and statue removal in the national news. City and state government buildings and properties are being examined under a magnifying lens of representation, truth and tolerance.

The stories that are emerging from these journeys to "look behind the curtain" are changing the literal landscape of thousands of buildings, parks and facilities. These stories are filled with a wide range of emotions, from anger and sadness to frustration and concern.

Our presenter for the day will be Dr. Laura Jones, university archeologist and executive director of Heritage Services for Stanford University. She is responsible for stewardship of the university's nearly 200 archaeological sites and advises the university on preservation of historic buildings and landscapes as well.

The work of Heritage Services is deeply **See HERITAGE, Page 8**



Dr. Laura Jones

## President's Message

# Learn how Mid-Pen's sausage is made at the board meetings

By Chris Panero

Lots of engines make the branch go 'round. One of those sturdy engines is the more-or-less monthly virtual Board of Directors meeting. Many of you have been on the board and know how the meetings work, but the January meeting had some good examples of where our branch is right now.

Here are some highlights from our January meeting.

**The Treasurer's Report:** Cathy Chowenhill (who also sets up our Zoom) had lovely news for us: Betty Torrez's \$10,000 unrestricted gift has made its way into our bank account.

**Book Wrapping:** We made \$878 from donations as we wrapped gifts at Kepler's in December. This is quite a bit less than we made in previous years, so we spent some time talking over possible reasons and ways to change how we're managing. Possibly as an effect of the pandemic, people seem to be carrying less cash, making our tip jar less effective. We will research how we might use Venmo to accept tips and donations. We'll also figure out an "elevator speech" to promote AAUW as we wrap.

**Programs:** Beth Swanson reported in from Chicago (the wonders of Zoom!) about our upcoming programs. As you read this, the Jan. 14 virtual meeting will have already taken place (the speaker was Carmen Blair, Deputy Director of the San Mateo County Historical Association). The February meeting will be a speaker from Stanford on local heritage sites.

**Tech Trek:** Barbara Haas, a member of the Tech Trek committee, gave us the good news that an additional Tech Trek session has been added, probably at Sonoma State. Stanford will not have a Tech Trek camp again until 2024. Tech Trek also put out a call for volunteers. Jean Dehner and Vicci Mueller have volunteered as dorm moms, and Wilma Hoffmann and Kathleen Morrow

have offered help as needed. Last month, we voted to give \$8,000 to fund Tech Trek campers in both the residential and virtual camps.

**Other Business:** The Nominating Committee for next year's board has been selected: Diane Beu, Margot Diltz, Carole Farina, Bernie Mellott and Kathy Mountain. AAUW Fund Named Gift Honorees will be announced in April at our Annual Meeting that includes the election of officers and an AAUW scholarship recipient's talk.

**New Business:** The board approved an initiative to fund a pilot program, a \$1,000 scholarship, to a girl who is graduating this year

from Sequoia High School and going on to college. Chris Panero, Margot Diltz and Nancy Oliver volunteered to research the types of scholarships other branches offer and how they are administered.

**One more thing:** Barb Finnegan is an active volunteer with Healthy Cities Tutoring, a program where volunteers work one-on-one with students from local schools, Mondays-Thursdays, 3-6 p.m. in one-hour shifts. She tells us that they are in dire need of more volunteers. Check it out [here](#).

## On Valentine's Day, call person after you in the Mid-Pen neighborhood directory

By Carole Farina

Covid brought my Neighborhood 2 together in unexpected ways.

Our yearly potluck evolved into twice monthly Zooms to share delivery tips and news, to summer swim parties and to park outings.

We got to know each other and deep friendships formed.

How well do you know your Mid-Peninsula neighbors?

## Who? What? When?

**Co-Presidents:** Carole Farina and Chris Panero

**Membership:** Wilma Hoffmann and Barb Finnegan

**Electronic distribution:** Cathy Chowenhill

**Triad editor:** Micki Carter

**Sunshine Lady:** Marge Haruff. Please contact Marge if you know anyone who would appreciate a card from Mid-Pen Branch.

**Know of a prospective member?** Please contact Wilma Hoffmann or Barb Finnegan

**Board Meeting:** Tuesday, Feb. 7, at 10 a.m. via Zoom.

**Triad Deadline for March** will be Feb. 15. Please send articles in Word, Pages or Google.doc and photos (separately, not embedded) as large-format JPEGs to Micki Carter.



Chris Panero

## Jane Bradley's husband Tom Thompson has died

Mid-Peninsula Branch is saddened to learn of the Jan. 7 death of Tom Thompson, the husband of Jane Bradley, a dual member with the San Mateo Branch.

Jane and Tom were in San Juan, Puerto Rico, preparing to embark on a Caribbean and Amazon cruise when he became ill and was hospitalized where he died.

Jane has returned to San Mateo, and a memorial service is planned for a later date.

Here is a link to his [obituary](#) from The San Francisco Chronicle.

# Meet Barb Regello, a 12-year member who joined at age 79

*This past summer, Barb Haas had the pleasure of interviewing Barb Regello, one of our more senior members, and learning a little bit more about her time in AAUW.*

## By Barb Haas

Barbara joined AAUW at age 79, after completing college at age 59. During those 20 years she opened and ran a mortgage company and took classes in real estate, peer counseling and photography. She also served as president of an ORT chapter, a Jewish organization that provides vocational training for deserving youth throughout the world.

"I was also caring for a sick husband and was involved in the lives of my three sons and special needs granddaughter,"

Barb said. "AAUW opened up a whole new world to me".

"I joined the book group, out to dinner group, bridge and Mah Jongg groups."

"The women were wonderful in accepting me," she added. "I enjoyed the time I spent at the movies and for a few years made dinner reservations and provided rides. . . . I taught two groups to play American Mah Jongg and was a neighborhood chair."

Barb later joined Public Policy and took an interest in politics for the first time in her life.

"I have received so much from my 12 years as an AAUW member and made many new friends. My life is very full," she said with one of her trademark smiles.



Barbara Regello

# Use your knitting, sewing or crafting skills for a great cause

## By Carole Farina

Here's something we can all do, individually or as a small group.

Girls in rural Ghana, nurses in hospitals, war-deprived citizens of the Ukraine, all can benefit from simple donations of reusable menstrual kits, masks, hats and other sewn, knitted or crocheted items made to specification by volunteers.

Robyn Peters introduced us to [Crafting Change](#), a nonprofit whose volunteers — beginners to skilled — use their fiber arts to help those in need.

A recording of the talk with Robyn is being shown on Wednesday, Jan 25, at 4 p.m. You can watch with this [link](#).

Do you want someone to teach you to knit? Do you want company while doing your project? Give your name to Carole Farina or visit Little House in Menlo Park, or the Redwood City Library Makerspace. Check their schedules for hours.

## Interested in learning a craft?

### By Margot Diltz

Redwood City Public Library has opened a Makerspace at the Downtown Library where crafting and technology programs are

available for all ages.

The library provides materials such as yarn, needles and fabric or you are free to bring in your own projects. Sewing machines and hand-crafting tools are available.

Weekly instructional sessions are provided in both English and Spanish on sewing, knitting and crocheting as well as seasonal craft work. Check the library's [website](#) for more details about the Makespace schedule.

In addition to crafting, there are sessions for those who wish to paint or draw, as well as tools such as laser cutters, 3D printers and podcasting facilities.

Once a week a team of tech specialists holds Open Tech help sessions for those needing assistance with their phones or computers.

## SF branch offers \$3,000 scholarship opportunity

The San Francisco Branch gives \$3,000 college scholarships for women who have a San Francisco address and/or are attending a college or university within a 100-mile radius of San Francisco. Apply [here](#) by March 15.

# Another Tech Trek session is added; more staff needed

## By Chris Panero

Good news about Tech Trek!

AAUW-CA has a director for an additional session of Tech Trek and is now looking for staff.

With additional staff, branches may be able to send more than three girls (the current limit) to residential camps.

Dorm moms are the biggest volunteer need. Other needed staff includes workshop presenters, core class teachers, camp directors-in-training, and camp nurses/doctors/health aids as well as other volunteers.

Sonoma State will have two sessions: June 17-24 and July 22-29.

Stanford will not be hosting a session this year.

For more information about these positions, please contact Carol Holzgrafe at [carol@holzgrafe.com](mailto:carol@holzgrafe.com). Please copy me as well.

The deadline is pretty short, so please act quickly.

# Diversity, Equity, Inclusion

## Identifying biases in opinion and online articles

By Barb Finnegan

In a previous Triad, awareness of personal bias was discussed, as it can sometimes be subconscious. This can be an attribute of individuals preferring or being more comfortable with a group of those who look and act similarly — racially, culturally and educationally.

In addition, there is a need to discuss bias in online and opinion articles (not television or broadcast.) It is not uncommon for news to be biased, but if these biases are hidden, they can lead to separation of people, enforcing the notion of “political sides” and promoting hatred for those who have differing views.

AllSides News is a for-profit company composed of, and financially supported by, people with all political viewpoints. The purpose of AllSides is to alert people to hidden biases in online content of media organizations and encourage people to read all viewpoints on a topic in order to be truly educated.

The AllSides Media Bias Ratings and AllSides Media [Bias Chart](#) help make biases transparent by identifying the news source bias as politically Left, Lean Left, Center, Lean Right or Right.

AllSides uses multiple methods to rate biases, including viewpoints of average readers, editorial reviews, and independent research; this rating may change over time

as biases change. People are cautioned that political biases are not good or bad, and the rating does not mean the news is inaccurate, only that it portrays a certain slant.

# Deadline is approaching for AAUW Art Contest

By Barb Finnegan

Members are invited to submit a high-resolution image of their original painting, photography, sculpture, collage or other artwork to AAUW’s 14th Annual Art Contest through Jan. 31.

Art related to any topic is accepted, but you are encouraged to consider works that speak to AAUW’s mission of advancing equity for women and girls.

Starting in February, AAUW members will select their favorite entries via ranked-

choice voting. The winners will be featured on a collection of notecards sent to all members this spring. The back of each card will include the winning artist’s biography, a fact about AAUW and a highlight of the artist’s local branch affiliation when applicable.

For more information on submitting artwork or to peruse last year’s art gallery, please visit the AAUW Art Contest [page](#).

### Mid-Peninsula Branch Art

Your artwork could also be used for a

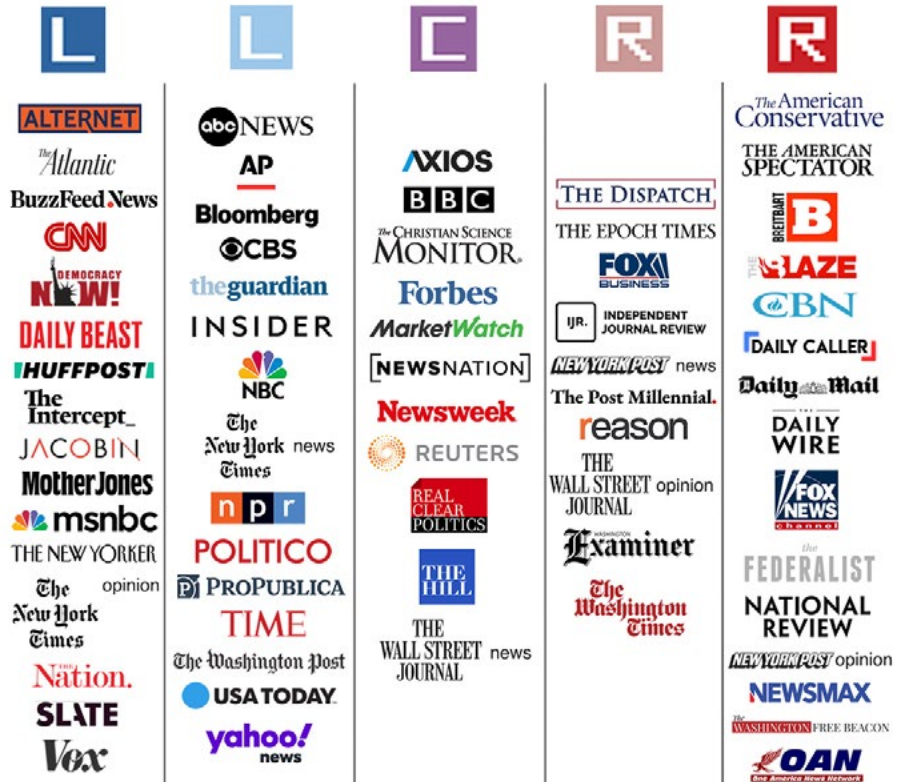
Mid-Peninsula branch project. We would like to participate in the Redwood City’s Art on the Square (AOTS) event this summer as a way to advertise our organization. A requirement for participation is to display or sell our member’s art.

If there’s enough interest, we might have a contest for the best art to be transferred to a Mid-Peninsula AAUW note card.

Please contact Barb Finnegan if you are interested.

## AllSides™ Media Bias Chart™

Ratings based on online, U.S. political content only — not TV, print, or radio. Ratings do not reflect accuracy or credibility; they reflect perspective only.



L LEFT L LEAN LEFT C CENTER R LEAN RIGHT R RIGHT

AllSides Media Bias Ratings™ are based on multi-partisan, scientific analysis. Visit [AllSides.com](#) to view hundreds of media bias ratings.

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## Climate Change

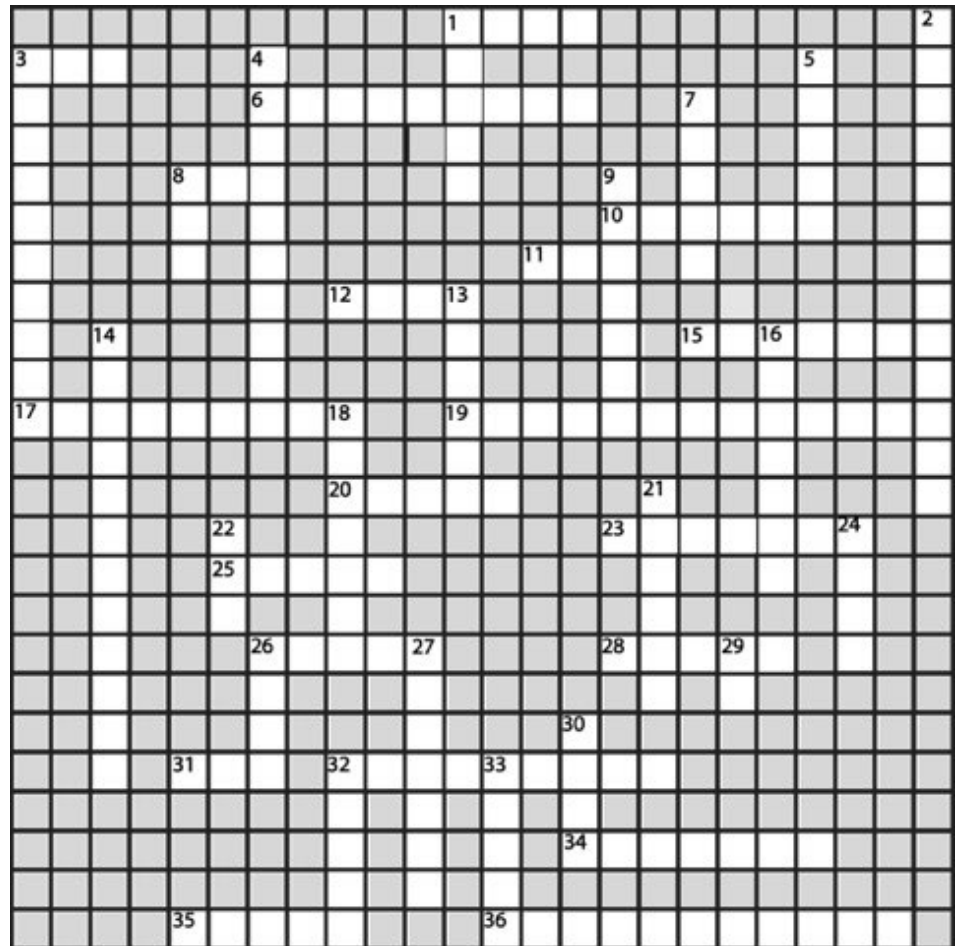
# Climate Crosswords: So just how savvy are you?

### ACROSS

- 1 Black or dark brown rock used for fuel and usually from carbonized plant matter
- 3 Methane is the main chemical component of natural \_\_\_\_\_
- 6 Produced and discharged from such things as fuel, gases, paint, etc.
- 8 Parts per million
- 10 Warming of ocean temperatures in the Equatorial Pacific
- 11 Acronym for chlorofluorocarbon, chemicals attributed to industrial productions which can destroy ozone molecules
- 12 Highest greenhouse gas producing meat
- 15 The point at which a series of small events are significant in number to cause a major change or shift
- 17 A community of interacting organisms interconnected to their environment is an \_\_\_\_\_
- 19 Capturing and storing greenhouse gases such as CO2 in an effort to reduce global climate change
- 20 Electric vehicle pioneer
- 23 A slowly moving huge mass of ice
- 25 Sessile animals that seem rooted to the ocean floor, provide a barrier for tsunamis, and home to many marine species affected negatively by the acidification of the ocean
- 26 A young crusader for the environment
- 28 An indispensable natural resource
- 31 Endangered insect
- 32 You leave a large carbon-\_\_\_\_ when you fly
- 34 Planting trees can help absorb carbon \_\_\_\_\_
- 35 The 2016 International Climate Change Treaty was called the \_\_\_\_\_ agreement or accord
- 36 Climate Change involves prolonged shifts in weather patterns and \_\_\_\_\_

### DOWN

- 1 Country producing extremely high CO2 levels
- 2 Usually referring to pollution or environmental change that originates from human activity
- 3 General name of gases that affect climate change
- 4 A thick subsurface of soil that remains frozen throughout the year
- 5 \_\_\_\_\_ electric plants are powered by flowing water
- 7 Layer of the Earth's stratosphere which helps absorb the Sun's ultraviolet radiation



- 8 CO2 levels prior to the Industrial Revolution are referred to as \_\_\_\_\_ Industrial levels
- 9 A method to reuse materials
- 13 Oil is a nonrenewable \_\_\_\_\_ fuel
- 14 The variety of life and ecosystems in the world is known as \_\_\_\_\_
- 16 An insidious oil by-product
- 18 The main component of natural gas and 16% of US greenhouse gas emissions
- 21 \_\_\_\_\_ warming of the Earth's average surface temperature is caused by greenhouses gas emissions from human activity
- 22 Collapsing \_\_\_\_\_ shelf crises are linked to global warming
- 24 Melting of glaciers and land ices along with increases in ocean temperatures are the main causes of sea-level \_\_\_\_\_
- 26 VP who was an early voice warning about global warming
- 27 \_\_\_\_\_ sprays and particles scatter, absorb and trap solar radiation and cloud

- formation
- 29 Most car makers are switching to manufacturing \_\_\_\_\_ vehicles
- 30 Type of renewable energy
- 32 Wild \_\_\_\_\_ are now being attributed to climate change
- 33 \_\_\_\_\_ based diet helps combat climate change

**ANSWERS APPEAR ON PAGE 8.**

### CONTRIBUTION FOR THIS MONTH

I discovered Reel toilet paper. It's made out of bamboo instead of trees. It's more expensive than regular TP, but it uses zero trees and zero plastic packaging! Go to reelpaper.com to read about it and maybe try some! I order mine online. — **Cathy Chowenhill**

Please continue to send us your ideas or suggestions about helping combat climate change. We learn from each other!

**Elvira Monroe and Theoni Pappas**

## Interest Sections

# Interested in a tea-time book discussion group?

### Tea Time Fiction Group

If you're working or have other commitments during the morning hours and haven't been able to attend other book groups, then join us for a late afternoon fiction book group. We plan to meet between 4 and 6 p.m. on the third Thursday of each month.

Since the hours are close to tea time, it was thought that it would be fun to meet at the Hillsdale Nordstrom's third-floor Café where one can purchase tea or coffee and a sweet or even a dinner meal and enjoy yourself while discussing a book.

Kathy Rafael and Mikki Coffino met on Nov. 17 and selected books for the Feb. 16 meeting. We'd love to have you join us. Please contact Mikki (Marlene) Coffino for more information.

### Team Mah-Jongg

A lively group of members play and continue to learn American Mah-Jongg. We meet Tuesdays from 10 a.m. to noon at the San Carlos Senior Center.

Usually four to six players are able to attend, and we look forward to more joining the group. For further information, contact Kathy Morrow.

### Climate Change

The Climate Section will meet this month on the fourth Monday, Jan. 23, at 3:30 p.m. via Zoom. If interested in joining the section, please contact Victoria Kline.

### Book Bunch

Book Bunch continues on the third Friday at 10 a.m. A Zoom option is available for those who are uncomfortable meeting in a home. Contact Wilma Hoffmann to join the group. She will send out an email with the book title and location for the Feb. 20 meeting.

### Spanish Conversation

We are planning to meet by either Zoom or in person for lunch at a San Carlos restaurant on Tuesday, Feb. 13 (the second Tuesday of the month) when we plan to celebrate Valentine's Day!



Here's another pic from the Hilly Hikers' holiday expedition to San Francisco.

### Hilly Hikers

In the New Year, we will revert back to hiking on the fourth Friday, Jan. 27. Contact Wilma to be added to the group.

### All About Food

On Thursday, Feb. 9, at 1 p.m., we will meet at Cynthia Ford's home to share dishes from different countries. Contact Carole Farina for information and name the country your dish will represent.

### Current Issues

At our first Current Issues meeting we had a stimulating conversation. The next meeting will be Jan. 24 at 3 p.m., and we invite everyone to join us. Contact Marilyn Zack.

### French Conversation

We'll meet on Tuesday, Feb. 14, at 1:30 p.m. Details to be arranged. Please contact Laverne Rabinowitz.

### Walk/Talk & Gawk

The group continues to meet on Thursday mornings. Members of the group suggest walks, hikes, routes and the time and place to meet, and then someone leads and does the emails for that week. Stephanie Katz is the contact.

### Calling all visual artists

Do you paint, draw or photograph? Do you make art books, practice calligraphy or make collages? Let's start a section to talk, see and practice art. We can share techniques, visit galleries and find places to inspire us. If this intrigues you, contact Carole Farina.



**Neighborhood  
groups gather to  
celebrate holidays  
with food and joy  
during December  
and January!**



## Black History Month

# Recognizing the Black women of the Movement

By Nancy Major,  
AAUW CA Public Policy Committee

Many Black women have made significant contributions to history, thought, society, innovation, science, government, civil rights, women's rights, and much more. For Black History month we celebrate the achievements of but a few:

**Sojourner Truth**, a former slave, became an outspoken advocate for abolition, temperance, and civil and women's rights (1797-1883).

**Rosa Parks and Claudette Colvin** (age 15) helped initiate the Civil Rights movement by refusing to give up their seats to white men on Montgomery, Ala., buses. Their actions inspired resulted in the U.S. Supreme Court ruling that bus segregation was unconstitutional.

**Dorothy Jean Dandridge** was an actress, singer and dancer, the first African American film star to be nominated for the Academy Award for Best Actress for her performance in *Carmen Jones* (1954).

**Katherine Johnson**, a brilliant mathematician, was one of three Black students to integrate West

Virginia's graduate schools. Her greatest contribution was to space exploration through her calculations synching Apollo's Lunar Module with the lunar-orbiting Module. She also worked on the Space Shuttle. (1958-1986)

**Madam C.J. Walker** was considered the wealthiest African-American businesswoman in America (1911-1919), by developing and marketing a line of cosmetics and hair care products for Black women. She hired 40,000 "ambassadors" to sell her products.

**Shirley Chisholm** was the first Black woman elected to Congress in 1968. She served as a representative from New York for 14 years, was the first Black candidate to run for president in the 1972 race, and founded the Congressional Black Caucus in 1971 and the Congressional Women's Caucus in 1977.

**Mae Jemison** became the first Black woman to fly to space on the space shuttle Endeavour. She was also the first Black woman admitted to the astronaut training program, in 1987.

**Toni Morrison** released her novel *Beloved* in 1987, winner of the Pulitzer Prize, based on the true story of an African American enslaved woman.

In 1993, Morrison became the first Black woman to win the Nobel Prize in Literature.

**Oprah Winfrey**, born into poverty in rural Mississippi to a single teenage mother, molested as a child and pregnant at 14, became the most influential woman in the world by many accounts. An American talk show host, television producer, actress, author, and philanthropist, she was the richest African-American of the 20th century and was once the world's only black billionaire.



**Preethi Fernando will discuss Amazing Women of Our Time at 4 p.m. March 5 via Zoom for the San Francisco/San Mateo County branches.**

## Climate Crosswords answers

### ACROSS

- 1 Coal
- 3 Gas
- 6 Emissions
- 8 PPM
- 10 El Nino
- 11 CFC
- 12 Beef
- 15 Tipping
- 17 Ecosystem
- 19 Sequestration
- 20 Tesla
- 23 Glacier
- 25 Coral
- 26 Greta
- 28 Water
- 31 Bee
- 32 Footprint
- 34 Dioxide
- 35 Paris
- 36 Temperature

### DOWN

- 1 China
- 2 Antropogenic
- 3 Greenhouse
- 4 Permafrost
- 5 Emissions
- 7 Ozone
- 8 Rre
- 9 Recycle
- 13 Fossil
- 14 Biodiversity
- 16 Plastic
- 18 Methane
- 21 Global
- 22 Ice
- 24 Rise
- 26 Gore
- 27 Aerosol
- 29 EV
- 30 Wind
- 32 Fires
- 33 Plant

## Heritage

Continued from Page One

local, shaped by the contested terrains of cultural studies and the applied practice of heritage preservation.

Her team practices "community based" archaeology (closely related to the field of public history). This perspective anchors inquiries within a collaborative relationship with stakeholder and descendant communities.

They have recently completed excavations at the Arboretum Chinese Labor Quarters, cataloguing of collections from the Buelna-Rodriguez Adobe Site, and are just launching a new initiative on indigenous land stewardship practices in partnership with the Muwekma Ohlone Tribe.

## Big boost in AAUW Fund totals reported in 2022

By Jeanne George

This year the state AAUW Fund has exceeded its targeted goal of \$525,000 through the end of November, and December's donations have yet to be counted.

This year's donations are \$51,000 more than last year so we thank all of you donors who helped to make this a really great year. Many people are struggling financially this year and your generosity to the Fund has helped many girls to continue their education.

It wouldn't have happened without you!



Find out if YOU have  
what it takes  
to run the world.

## 5 SATURDAYS OF EMPOWERMENT

- Engage on issues that matter to YOU! Gun control? Climate change? Voting equality?
- Interact in two-hour virtual sessions.
- Hear from women changemakers in politics.
- Work in teams to create a campaign simulation. You could be a candidate, campaign manager, speechwriter or communications director, field and volunteer manager.

Session Dates (2023): 10 am - 12 pm  
January 28, February 11 & 25, March 11 & 25

**Register today!**  
**Space is limited**



[govtrek@aauw-ca.org](mailto:govtrek@aauw-ca.org)



[aauw-ca.org](http://aauw-ca.org)



**GOV TREK**  
AAUW California

*Online*

Join other high school junior and senior girls in a free virtual program to learn about careers in public service and elected office.

**BE A LEADER**  
**CHANGE THE WORLD**



# Step Up for Pro-Choice!



**Sunday, January 22, 2023**

**1pm to 2:15pm – pacific time**

**A Virtual Event**

## **Marking the 50th Anniversary of Roe v. Wade**

Join **Los Altos-Mountain View AAUW**  
and the **Santa Clara County Pro-Choice Community**

**It's time to step up and stop the rollback of our rights.**



**Lauren Rankin** will speak on the status of reproductive rights and how to solve the problems. She spent six years as a clinic escort at an independent abortion clinic in New Jersey. She is the author of *[Bodies on the Line: At the Front Lines of the Fight to Protect Abortion in America](#)*. As writer, speaker, and consultant, she has written about reproductive rights and gender politics for the Washington Post, New York Magazine, Teen Vogue, NBC News, and others.

### **To make our voices heard:**

- You will receive Zoom link mid-January on when your information is received..
- You can purchase Rankin's book from the link above, on [Amazon](#), or in bookstores.
- Make an 8x11 Pro-Choice sign and a screen shot of support will be taken and shared.

**Ask your friends anywhere to join the event.**

**Send name and email to [c.noonan@yahoo.com](mailto:c.noonan@yahoo.com) to receive the link.**